

Information and Resources to Support Families

February 2024

MNPS Early Learning Department

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Dear Pre-K Families,

MNPS 2024-25 Kindergarten Registration opened on **January 29, 2024**. Please check the **MNPS website** for information. This is a great time to start preparing by gathering your documents to enroll your child.

If you have family and friends interested in the MNPS Pre-K program, the 2024-25 Pre-K Application will open on **March 1, 2024**.

Warm Wishes, MNPS Early Learning Team





FAMILY ACTIVITY CORNER

Each month this section will feature a recommended book and activity for families.

Your child might be heading to kindergarten, and now is a great time to talk about transitions. We recommend reading Snow <a href="Rabbit, Spring Rabbit by II Sung Na.

After reading the book, talk about what the animals from the book did in winter and spring and their differences. Then, talk about what adults and children do during the winter and spring season.

ACTIVITY IDEA: "Where is it?" - Place an object in different areas/positions around your home and ask your child to tell you where the object is. It's a great opportunity for your child to use their words to describe where the object is located.

SAVE THE DATE!

2024 MNPS Countdown to Kindergarten Fair Saturday, April 6, 2024 (9:00 am – 1:00 pm) @ Lentz Public Health Center

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GET READY FOR KINDERGARTEN TIP

The 2024-25 MNPS kindergarten registration opened on January 29th.

If a language other than English is spoken in your home, families can register online and if you need registration assistance, families can contact the MNPS English Learners (EL) Office.

The EL Office can explain what English language services are offered to MNPS students.

EL Office Contact Information: (615) 259-8608 or ELReg@mnps.org



FAMILY SPOTLIGHT

It's a great time to start getting ready to register your child for MNPS' kindergarten program. Here are some kindergarten registration tips:

- Find out which is your **zoned school on MNPS.org** or call the Family Information Center at (615) 259-4636.
- Current MNPS Pre-K families can register for kindergarten through the Campus Parent Portal. To learn more about Campus Parent Portal visit: https://www.mnps.org/students-families/familyportal
- New MNPS families can register through the Online Registration Portal.
- Families that prefer to register in-person can schedule an appointment with an MNPS Enrollment Center.
- Gather all the documents you need:
 - Birth Certificate or record of birth
 - Tennessee Immunization Certificate
 - Proof of your Child's Physical Exam
 - Proof of Davidson County residency
 - Parent/Legal Guardian photo ID
- If you go through the <u>MNPS' Optional Schools</u> process, you will still need to register your child for kindergarten.



FAMILY SUPPORT CORNER

Winter is here and with the season comes cold weather, which sometimes causes families to stay indoors more often than usual. Below are a few ideas and tips to support your family this winter season:

Concepts for Pre-K students to understand about "Winter"

- December, January, February, and March are winter months.
- Winter is the coldest of the 4 seasons.
- We wear certain clothes that will help keep us warm.

@ Home Learning Activities

- Next time you do laundry, sort socks, pants, or mittens by size, shape, and color with your child. (Supports cognitive & language skills)
- Take a cup full of cotton balls & place them in a bowl. Have your child use a spoon to move the cotton balls to another bowl and count each one as they move. Option: Use tweezers or tongs rather than a spoon during the activity. This activity supports fine motor, early literacy, and math skills.

Healthy Habits

 Here's some fun activities that you can do inside your home (great for those rainy days) to support gross motor. Gross motor skills refer to the coordination of the large muscle groups in the body, which is important to the development of a young child.

Go Noodle: https://www.youtube.com/user/GoNoodleGames
Cosmic Yoga: https://www.youtube.com/user/CosmicKidsYoga

MNPS IMPORTANT DATES

February 19: Stockpiled Professional Development Day (Students do not report)

March 1: 2024-25 MNPS Pre-K Application Opens.

Families can apply online: https://earlylearning.mnps.org/
pre-kindergarten

SUPPORTING HEALTHY ROUTINES

Getting plenty of rest supports good health for your child.

Here are a few tips to help your child have a well-rested day:

- Try to provide a consistent bedtime and naptime for your child.
- Create a bedtime routine
 (i.e., choose pajamas, brush
 their teeth, read a story) to
 prepare your child for
 bedtime.
- Use a few drops of lavender oil in your child's bath or rub it on their feet before bedtime. Lavender oil is a natural method to gain restful sleep.

Proper rest will provide support for your child to be ready to learn throughout the day.

For More Activities & Program Information Visit:



https://bit.ly/MNPSCountdowntoK