



MNPS Kindergarten Readiness Newsletter

Resources and Information to Support Families

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Welcome MNPS Families!

This monthly Kindergarten Readiness Newsletter provides your family with MNPS Pre-K information, activities, and tips to support your family and your child prepare for kindergarten.

The newsletter is available through your child's teacher and the [MNPS Early Learning website](#). We hope the information supports your family as they transition to Pre-K.

*Warm Wishes,
The MNPS Early Learning Department*



FAMILY ACTIVITY CORNER

Each month this section will feature a recommended book and activity for families.

Starting Pre-K is a big step for you and your child. It's very exciting and it's also a time of transition. A fun book to read about transition and starting routines is [Llama Llama Misses Mama](#) by Anna Dewdney. After reading the book, discuss the different emotions that Llama feels in the book.

Ask your child how they feel when they are at school and encourage them to express their feelings. Encourage your child to talk about an exciting experience that happened to them at school.

ACTIVITY IDEA: "Fun with Words" - Select vocabulary words from the book that might be unfamiliar to your child, such as shy, strange, or cuddled. Write the words down and describe their meanings. Ask your child to try to act them out.



KINDERGARTEN READINESS TIP

When a child misses school more than 2 days a month, they miss important learning opportunities that are preparing them for kindergarten.

Here are a few tips to support your child's Pre-K attendance:

- Set a regular bedtime & morning routine.
- Layout clothes and pack backpacks the night before.
- Develop a back-up plan for getting your child to & from school if something comes up.

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FAMILY SPOTLIGHT

Each month this section will feature information or resources to support families.

This month we are highlighting MNPS Early Learning Department resources for Pre-K Families. Your child's teacher and school site will have additional resources.

[MNPS Countdown to Kindergarten Website](#): Provides information, Learning @Home Activity Lessons, and guides to help families get ready for kindergarten.

MNPS Social Media: Follow MNPS Pre-K on **[Facebook](#)** or **[Twitter](#)** for activities and program information.

[MNPS K-Readiness Newsletter](#): Monthly newsletter provides kindergarten readiness information and tips.

[MNPS Countdown to Kindergarten YouTube Channel](#): Activity and program informational videos to support early learning families.



FAMILY SUPPORT CORNER

Each month this section will feature information or a tip to support Pre-K families.

Pre-K is not only new for your child, but it can also be new for the entire family. Starting a new school year provides a good opportunity to get your family into healthy routines and habits to support your child's development.

Mealtimes provide a great opportunity to set healthy habits. During those times leave electronic devices in another room and focus on conversing with the family. By conversing, you are supporting your Pre-K student to develop their language and communications skills.

When your family ends their day, practice a consistent bedtime routine with your child. The routine could include reading a bedtime story, brushing their teeth, and changing into pajamas. This will signal to your child that it's time for bed, so they can get rest for a new day!

MNPS IMPORTANT DATES

August 8: First full day for grades 1-12; **Half day for Pre-K and K students.**

August 9: Full day for grades 1-12; **Half day for Pre-K and K students.**

August 10: Full day for all grades

September 1: Stockpiled PD Day (Students do not report)

September 4: Labor Day (District closed)

EARLY LITERACY SKILLS

Reading with your child each day is a great opportunity to support their development.

A great **[local resource](#)** families can use to support literacy is the **[Nashville Public Library](#)**. The public library has branches throughout Davidson County and a library card is **FREE** if you complete an application.

Families can borrow library books, DVDs, Music, and even use their computers. Also, check your local library event calendar, since they offer free puppet shows, story times and workshops for families.

Here are some fun books to read together:

- Ten Little Caterpillars by Bill Martin
- The Rabbit Listened by Cori Doerrfeld
- Don't Push the Button! by Bill Cotter

For More Activities & Program Information Visit:



<https://bit.ly/MNPSCountdowntoK>