

Unit 1: All About Me  
Week 9: *I Like Myself!*

Objectives:

To read *I Like Myself!* with your preschooler and act out the story to show your preschooler that reading is so much fun.

Materials: A copy of *I Like Myself!* by Karen Beaumont, and 15 minutes to spend with your preschooler.

Week 9 Lesson Steps:

1. Start by telling your preschooler that you are going to read *I Like Myself!* one more time and that this time you are going to act out the story.
2. Practice acting out words by singing a song and making up hand motions. You can sing "Twinkle Twinkle Little Star," "The Itsy Bitsy Spider," or any song that your preschooler likes. Explain to them that acting out the story means pretending to do what the story says.
3. Read *I Like Myself!* Make up movements to help your preschooler act out the story. Let your preschooler know that it can sometimes be hard to think up movements or actions to stories, but that you're proud of him or her for trying!

Fun and Easy Reading Tips for Parents

- Make connections to your preschooler's life. Talk with your preschooler about how he or she is similar to or different from the little girl in the story.
- Make silly voices or facial expressions to add meaning to the story. Your preschooler will remember the story better if he or she does something silly to accompany the reading.
- Use the acronym **C.A.R.** to talk about the book with your preschooler (Washington Learning Systems, 2010)
  - **Comment and wait:** Make a comment about something that you see in the book and wait for your preschooler to respond.
  - **Ask Questions and wait:** Ask a question that your preschooler can answer with more than one word and give him or her time to respond.
  - **Respond by adding more:** Give your preschooler another comment but say something extra instead of just repeating what they say.

Here's a sample conversation:

Comment and wait	Parent: On this page I see the little girl riding a BIG bicycle. Child: It's a blue bicycle.
Ask questions and wait	Parent: What does your bicycle look like? Child: Red.

Respond

Parent: You're right! You have a red bicycle. But your bike is called a tricycle because it has three wheels instead of two.

Conclusion: Today you read *I Like Myself!* You also acted out the story with your preschooler. By spending time reading with your preschooler, you are making an investment in his or her educational future!

Follow-up Activity: The little girl and her dog are shown having fun in many different places—waking up at home, seeing the lions at the zoo, and roller skating in the park. Take your preschooler somewhere fun this week and talk about how your activities are like the little girl's.

Writing Extension: Make an *I Like Myself!* book with your preschooler. Have your preschooler draw pictures of what he or she likes about himself or herself and staple the pages together. You can help your preschooler by encouraging them to think of sentences to go along with the pictures for their story. You and your child could write the words to their creative story together.

Early Developmental Standards Taught in Week 9

- Interact and develop positive relationships with significant adults.
- With modeling and support, ask and answer questions about text read aloud.
- Develop new vocabulary by participating in meaningful discussions and activities to promote learning of unfamiliar words related to text.
- With guidance and support, participate in shared writing projects.