

Unit 1: All About Me
Week 8: I Like Myself!

Objectives:

To read, *I Like Myself!* with your preschooler, to talk about emotions and feelings with your preschooler, and most importantly, to teach your preschooler to love reading!

Materials:

A copy of *I Like Myself!* by Karen Beaumont and a feelings worksheet (found at the end of this lesson).

Week 8 Lesson Steps:

1. Start by asking your preschooler what they remember about the book *I Like Myself!*

Sample Questions

- Do you remember what the title (that's what the book is called) of this book is?
 - What did you like best about reading this book?
2. Talk to your preschooler about the parts of books:
 - The *author* writes the story with words. The author of *I Like Myself!* is Karen Beaumont (Point to Karen Beaumont's name).
 - The *illustrator* draws the pictures.
 - Books have a *front cover* and a *back cover* (Point to the front and back covers).
 - Books also have a *spine* that holds the front and back covers together. (Point to the spine).
 - Inside of the book are the *pages* where the words and pictures are. (Show pages).
 3. Do a picture walk with your preschooler. Instead of reading each of the pages, talk with your preschooler about what is going on in the pictures and what they can remember about the story.

Example questions

- Do you remember what was happening on this page?
- What did the little girl think when people said mean things about her?
- What silly things did the little girl say?

Fun and Easy Reading Tips:

- Give your preschooler lots of praise for effort! Tell him or her that she had a great answer to your question or that she or he was doing a wonderful job thinking about what happened in the book.
- Define some of the new vocabulary for your preschooler. Talking with your preschooler about new words helps him or her learn!
- Let your preschooler have time to think and talk. Let your preschooler do most of the talking if he or she is up to it!

- If you choose to read instead of doing a picture walk, point to the words as you read them. This helps your preschooler learn to associate letters with sounds and to understand that reading moves from left to right top to bottom.

Conclusion: Today you and your preschooler talked about *I Like Myself!* Talking about books is a great way to help your child learn important things about books like plot structure, the components of books, and that books are read from left to right.

Writing Extension: Help your preschooler fill in the attached worksheet and talk with them about feeling words. You can write the words that your child says or you can share the pen with your child to fill in the blanks. Your preschooler can also draw pictures to illustrate their sentences.

Early Developmental Standards Taught in Week 8

- With modeling and support, ask and answer questions about text read aloud.
- Develop new vocabulary by participating in meaningful discussions and activities to promote learning of unfamiliar words related to text.
- Demonstrate awareness that books carry a message.
- With guidance and support, participate in shared writing projects.
- Frequently use the vocabulary words and phrases acquired through conversations and listening to books read aloud.

I Like Myself!

I am happy when _____.

I am sad when _____.

_____ makes me laugh.

_____ surprises me.

Sometimes I'm angry or frustrated when _____.