



Unit 1: All About Me

Week 5: Show Me Your Numbers!

Objective: To work on counting skills with your preschooler.

Materials: A copy of Mem Fox's *Where is the Green Sheep?*

Lesson Steps:

1. **Start** with an ice- breaker activity. In the previous lesson, you were encouraged to talk about sheep with your preschooler and provided with the nursery rhyme, "Little Bo Peep." Revisit the nursery rhyme today. Some suggestions for getting your child involved in the rhyme are: to sing it, to use silly voices as you read it, or recite it with a "sheep" voice.
2. **Revisit the Book** with your preschooler. Feel free to reread the book with your child, or go on a quick review of the book to remind your preschooler of what the book was about and what you talked about last time.
3. Now, go back and use the book to **Count** the sheep with your preschooler. Take special note of where your preschooler gets "stuck" when counting, and also to notice where they are doing well as they count.

Lesson Tip

Feel free to take your time as you do this activity, try **Labeling** what the sheep are doing (especially in the scene where all of the different types of sheep are at the lake) as you go.

4. Wrap up: **Encourage** your child, and praise them for working hard today! You can tell them how much fun you had counting sheep with them, and how you can't wait to count other things with them, too!

Conclusion

Today, you worked with your preschooler on their counting skills using Mem Fox's *Where is the Green Sheep?* By working on these skills, you are helping to familiarize your child with numbers and give them the opportunity to use counting in everyday life.

Follow Up Activity:

Count other things in your world as you interact with your child on a daily basis. When you feel your child is ready, start working towards counting up to 30. Remember to **be creative!** The more you count with your child, the more practice your child gets!

Some examples of things to count are:

- Utensils as you load/unload the dishwasher
- Street signs or cars as you drive down the road
- The number of times you run a hairbrush through their hair when getting ready
- The number of strokes they use when brushing their teeth

Writing Activity

You can connect numbers to real life by writing sentences that contain numbers your child knows at this time. Example "I am 4 years old.", "I have 2 eyes." As always be sure to point to each word when reading the sentences to your child.

Early Developmental Standards Taught in Week 4

- Listen to and say the names of numbers in many contexts.
- (Starting to work towards) Verbally count in sequence from 1-30.
- Display sense of accomplishment, contentment, and acknowledgement when completing a task or solving a problem (watch for your child to exhibit these behaviors after completing a lesson)
- Promoting positive interactions and developments of positive relationships with significant adults.
- With guidance and support participate in shared writing projects.
- (Starting to work towards) Understand the relationships between numerals, names of numbers and quantities up to 10.