



## Unit 2: My Community

### Week 6: I'm Supported!



**LENGTH OF AT-HOME ACTIVITY:** 10 to 15 minutes

**YOU'LL NEED:** The book *Career Day* by Anne Rockwell and Lizzy Rockwell and a pencil or crayon

#### ACTIVITY STEPS:

**TALK** about the book *Career Day* with your preschooler, and explain that this will be the last week you will spend on this book. Ask your preschooler to tell you what he or she remembers about the story and what he or she has learned. Ask what your preschooler would like to be when he or she grows up based on what you've learned reading this book.

**ASK QUESTIONS.** Talk to your preschooler about your community. Ask and wait 3-5 seconds for an answer. Example questions:

Who are the people you care about? Are they family or friends?

What do they do to help you?

What do you do to help other people?

**READ** *Career Day* with your child. Let your preschooler lead the way! Allow him or her to read recognizable words to you, or try to tell the story in his or her own words.

**DEFINE** words on the page that are new to your child. Point to the words, sound them out together, and then explain their meaning.

**CONNECT** what your preschooler is learning to what he or she already knows: Talk about the places that you go with your child in a day, the people you see, and the careers that you witness.

**FOLLOW UP ACTIVITY:** Help your preschooler make a photo album of family and friends that he or she can look at if he or she is ever feeling sad, nervous, or discouraged. You can also have your preschooler draw pictures of family and friends to put together in a book.

**WRITING EXTENSION:** Help your preschooler write thank you notes to those who have helped him or her recently. Your preschooler can illustrate the thank you notes.