



## Unit 1: All About Me

### Week 1: Show Me Your Colors!

**LENGTH OF AT-HOME ACTIVITY:** 10 to 15 minutes

**YOU'LL NEED:** The book *My Blue is Happy* by Catia Chen and Jessica Young, and crayons

#### ACTIVITY STEPS:

**TALK** to your child about colors. What is your child's favorite color? Be sure to ask why.

**READ** *My Blue is Happy* with your child. HAVE FUN!

TIP: Use facial expressions, change your tone of voice, and make gestures as you read!

**ASK QUESTIONS:** Ask and wait 3-5 seconds for an answer. Example questions:

How does blue make you feel? Why? *Look inside the book for descriptive words.*

What is your favorite color? What does it remind you of?

Is your favorite color happy?

**REVIEW:** Have your child help you summarize and talk about what happened in the book.

**CONNECT:** Relate the events in the book to your child's experiences recognizing colors and associating colors with events, emotions, or people.

**FOLLOW UP ACTIVITY:** On a walk outside or at the grocery store, have your child look around for his or her favorite color. Let him or her find it without assistance. Ask him or her to describe the color to you.

**WRITING EXTENSION:** On the back of this page, write out the sentence, "My favorite color is" followed by a blank line. Have your child finish the sentence aloud and write the color if he or she is able. Or, you can write out the letters very lightly and allow your child to trace over them with a crayon. Read the sentence together aloud.

TIP: Have your child pick out and use the same color of crayon as the color they are writing down.

**OPTIONAL EXTENSION:** Using your child's favorite color, write out a second sentence, "My [child's color] is" followed by a blank line. Ask your child to choose a word to describe his or her favorite color, in the style of the book title, *My Blue is Happy*. Write the word down, or write lightly and have your child trace your letters. Read the sentence together aloud.

EXAMPLE: "My RED is STRONG."

CONGRATULATIONS, PARENT!

You've completed a Virtual Pre-K lesson!

Congratulate your child and remember to read together before bed!