Unit 1: All About Me

Week 7: I Like Myself!

LENGTH OF AT-HOME ACTIVITY: 10 to 15 minutes
YOU'LL NEED: The book *I Like Myself!* by Karen Beaumont, a pencil, an old newspaper or magazine, glue stick or tape, and a sheet of paper.

ACTIVITY STEPS:

TALK to your child about the book you read last week – remind him or her of the story, and of all the things your child discovered he or she likes about him or herself.

SING this song together! Sing to any tune you like, or the tune of "Where is Thumbkin."

I am special, I am special
So are you, so are you
We are very special, we are very special
Yes, it's true!
Yes, it's true!

READ *I Like Myself!* again with your preschooler. Make silly faces and sounds, and use different voices to act out the story. Sing "Heads, Shoulders, Knees and Toes" on the page where the little girl says she likes her eyes, ears, and nose!

ASK QUESTIONS about the story and wait 3-5 seconds for an answer. Example questions:

What is the silliest part of this book?
How does it feel when someone says something mean about you?
What do you like about yourself?

CONNECT: Point out letters on the pages. Open to a random page and see if your child can find the letter his or her name starts with on that page. Talk about colors and ask your child to tell you the colors in the illustration on the page.

CELEBRATE: Shout "hooray" and clap your hands when you finish reading to show your child that reading is an accomplishment!

FOLLOW UP ACTIVITY: Make a 'favorite things' collage with your preschooler. Help him or her cut pictures out of magazines or the newspaper and paste or tape them onto a sheet of paper. Have your preschooler label the objects and talk to you about his or her favorites.

WRITING EXTENSION: Help your child practice letters by writing the names of the items in the collage you just made together. You may also practice just the letters in his or her name.

CONGRATULATIONS, PARENT!
You've completed a Virtual Pre-K lesson!
Congratulate your child and remember to read together before bed**!**