



Unit 1: All About Me

Week 8: I Like Myself!

LENGTH OF AT-HOME ACTIVITY: 15 to 20 minutes

YOU'LL NEED: The book *I Like Myself!* by Karen Beaumont, and a pencil.

ACTIVITY STEPS:

TALK to your child about the book *I Like Myself!* Ask him or her what she remembers about the book from the last two times you've read it together. You can ask, "Can you tell me what a 'title' is? Do you remember the title of the book we read together?" Or, "What did you like best about reading this book together?"

LEARN about parts of books together. Go over the following parts of a book with your child:
The *author* writes the story with words. The author of *I Like Myself!* is Karen Beaumont. *Point to the name.*

The *illustrator* draws the pictures. The illustrator of *I Like Myself!* is David Catrow. *Point to the name.*

Books have a *front cover* and a *back cover*. *Point to the front and back covers.*

Books also have a *spine* that holds the front cover and back cover together. *Point to the spine.*

Inside of the book are *pages* where the *words and pictures* are. *Show the pages.*

LOOK at the pictures on each page together. Instead of reading the story over again, just talk with your child about what is going on in the illustrations. Ask your child to try to remember what's going on in the story just by looking at the pictures. **OR**, read the book again like normal, pointing to words as you read them and showing your child how reading moves from left to right, top to bottom.

ASK QUESTIONS and wait 3-5 seconds for an answer. Example questions:

Do you remember what was happening on this page?

What did the little girl think when people said mean things about her?

What silly things did the little girl say?

CELEBRATE: Give your preschooler lots of praise for effort, and what a great job he or she did answering your questions and thinking about what happened in the book!

FOLLOW UP ACTIVITY: Pick out some words from the book that are new to your child, and define them. Help your child try out each new word by using it in a sentence.

WRITING EXTENSION: Help your preschooler fill in the Feelings Worksheet on the next page and talk with them about feeling words. You can write the words that your child says or you can share the pen with your child to fill in the blanks. Your preschooler can also draw pictures to illustrate their sentences.

CONGRATULATIONS, PARENT!

You've completed a Virtual Pre-K lesson!

Congratulate your child and remember to read together before bed!

I Like Myself! Feelings Worksheet

My name is _____.

I am happy when _____.

I am sad when _____.

_____ makes me laugh.

_____ surprises me.

Sometimes I'm angry or frustrated when _____.