



Unit 1: All About Me

Week 9: I Like Myself!

LENGTH OF AT-HOME ACTIVITY: 15 to 20 minutes

YOU'LL NEED: The book *I Like Myself!* by Karen Beaumont, a pencil or crayons, and some paper.

ACTIVITY STEPS:

START by telling your preschooler that you are going to read *I Like Myself!* one more time, and this time, you are going to act out the story!

PRACTICE acting out words beforehand by singing a song and making up hand motions, such as “The Itsy Bitsy Spider,” or any song your child likes. Or, make up a new song and create movements to go along. Explain what it means to ‘act out’ a story or a song.

READ *I Like Myself!* and make up hand movements or facial expressions with your child to help him or her act out the story. Let your child know that sometimes it’s hard to think of these ideas, but you are proud of him or her for trying!

ASK QUESTIONS using the **C.A.R.** method.

COMMENT and wait: Make a comment about something in the book and wait for your child to respond. Example: “On this page I see a big bicycle.”

ASK QUESTIONS and wait: Ask a question your child can answer with more than one word, and wait for him or her to respond. Example: “What does your bicycle look like?”

RESPOND by adding more: Repeat your child’s answer, but add something to get him or her thinking beyond the initial question. Example: “Yes, your bicycle is red with silver wheels! But, your bike is called a tricycle, because it has three wheels instead of two.”

CONNECT by talking about how your child is similar to or different from the little girl in the book. Remind him or her of how well he or she acted out the story in the previous activity, and congratulate your child for trying out that new activity!

FOLLOW UP ACTIVITY: The little girl and her dog are shown having fun in many different places, like waking up at home, seeing the lions at the zoo, and roller skating in the park. Take your child to do something fun this week and talk about how your activities are like the little girl’s activities.

WRITING EXTENSION: Make an *I Like Myself!* book with your preschooler. Have your preschooler draw pictures of what he or she likes about himself or herself. You can help your preschooler by encouraging him or her to think of sentences to go along with the pictures for the book and writing them under the pictures. If you have time, expand the activity by helping your child create a story out of the pictures and sentences similar to the book *I Like Myself!*

CONGRATULATIONS, PARENT!

You’ve completed an ENTIRE VIRTUAL PRE-K UNIT!

Congratulate your child and remember to read together before bed!